

Dressing up day ideas

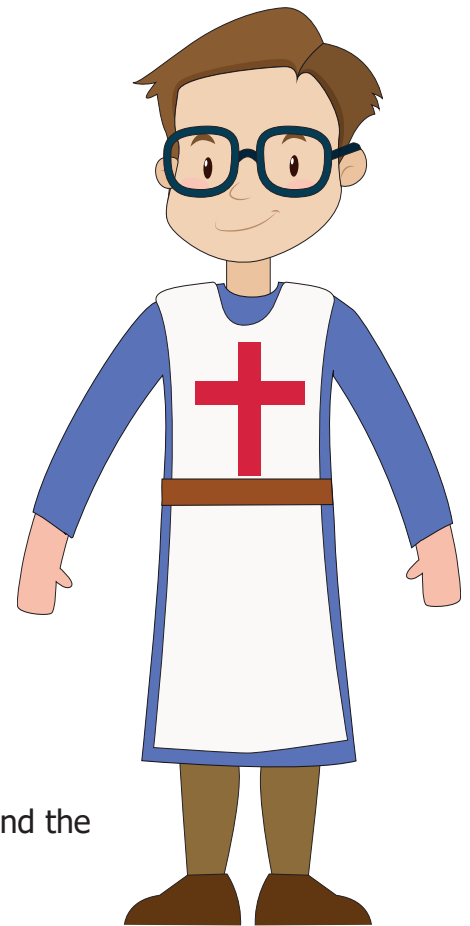
Medieval/Normans/Castles

So you're having a dressing up day? Don't panic! Even if you've forgotten about it until 8pm the night before, you can still manage to whip up a costume with some simple items in your house. There's no need for any buying or sewing!

The years between the Battle of Hastings (1066) and the Tudors (1485) are called the medieval period. People built great castles and went on crusades to the Holy Land, so these are the clothes you'll need to be a Knight or a Lady in the medieval period.

Medieval crusader knight

- Long-sleeved, oversized neutral-coloured T-shirt that reaches your knees.
- "Surcoat" - a long piece of plain coloured cloth with a hole cut in the middle for your head. An old cut-down bed sheet or table cloth is ideal. If you have time, you can paint a crusader cross on the front with poster paint.
- Leather belt to secure the tabard.
- Thick tights or leggings
- Leather shoes



Medieval Lady

- Hair covered with a cloth
- Cord or circlet of metal around the head cloth
- Long hair in two plaits
- Long sleeved dress with wide sleeves
- Thin leather or fabric belt
- Stockings or long socks
- Leather school shoes